



FOR YOUTH DEVELOPMENT\*  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

WACO FAMILY YMCA  
6800 HARVEY DRIVE  
WACO, TX 76710

# WANT TO WORK OUT PRIVATELY?

WE HAVE 2 SPACES YOU CAN USE!

**BY RESERVATION ONLY**

YOU CAN USE THE SEMPER FIT ROOM OR AEROBIC ROOM 3

1-4 MEMBERS/GUESTS PER ROOM:  
HOUSEHOLD ONLY

\*MASKLESS OPTION IF YOU CHOOSE  
SIGN UP WITH A WELLNESS  
ATTENDANT UP TO 24 HOURS  
AHEAD OR AS LITTLE AS 1 HOUR  
PRIOR TO YOUR PREFERRED TIME

**ONE HOUR TIME LIMIT**

**HOURS AVAILABLE  
MONDAY-FRIDAY:**

7-8 a.m.

9-10 a.m.

11-12 p.m.

1-2 p.m.

3-4 p.m.

4:30 - 5:30 p.m.

6-7 p.m.

CONTACT HEALTH AND WELLNESS DIRECTOR AUSTIN CHICK  
AT [AUSTIN.CHICK@YMCACTX.ORG](mailto:AUSTIN.CHICK@YMCACTX.ORG)  
OR CALL 254-776-6612