



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THERAPY POOL SCHEDULE

WACO FAMILY Y

Fitness Pool Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fall 2020	7:00-8:00 Open Swim (all lanes)	7:00-8:00 Open Swim (all lanes)	7:00-8:00 Open Swim (all lanes)	7:00-8:00 Open Swim (all lanes)	7:00-8:00 Open Swim (all lanes)	8:00-2:00 Open Swim (all lanes)	Closed
Out of respect to the classes, we ask that there be no open swim when classes are in session.	8:00-9:00 H2O Aerobics II Vanessa Myers		8:00-9:00 H2O Aerobics II Vanessa Myers		8:00-9:00 H2O Aerobics II Vanessa Myers		Closed
Multiple activities are often scheduled in this pool at the same time. The water temperature is maintained between 88°-90°.		9:00-10:00 H2O Aerobics II Bonnie		9:00-10:00 H2O Aerobics II Bonnie			
Water Aerobics	11:00-12:00 AOA Aquatics Arthur Reinking		11:00-12:00 AOA Aquatics Arthur Reinking		11:00-12:00 AOA Aquatics Arthur Reinking		
Open swim	12:00-2:30 Open Swim	12:00-2:30 Open Swim	12:00-2:30 Open Swim	12:00-2:30 Open Swim	12:00-2:30 Open Swim		
During this time parents may come in with their children to swim. We ask that you maintain social distancing while you are in the water.	2:30-3:00 Closed for Cleaning	2:30-3:00 Closed for Cleaning	2:30-3:00 Closed for Cleaning	2:30-3:00 Closed for Cleaning	2:30-3:00 Closed for Cleaning		
	3:00-7:00 Open Swim	3:00-5:30 Open Swim	3:00-7:00 Open Swim	3:00-5:30 Open Swim	3:00-7:00 Open Swim		
		5:30-6:30 H2O Aerobics Becky Warren		5:30-6:30 H2O Aerobics Becky Warren			
		6:30-7:00 Open Swim		6:30-7:00 Open Swim			

Note: Guards parents can come in with their children for open swim during the designated time slots listed in blue above.