

Registration Form: Spring 2015

Name of Participant (Child/Adult) _____

Member Number (if applicable) _____ Date of Birth ____ / ____ / ____

Street Address _____

City _____ State _____ ZIP Code _____

E-mail Address* _____

Home Phone _____ Work Phone _____ Cell Phone _____

Parent/Guardian's Name _____
[Please fill out address and any contact information if different from participant's information.]

Street Address _____

City _____ State _____ ZIP Code _____

E-mail Address _____

Home Phone _____ Work Phone _____ Cell Phone _____

* If you are registering for Lifeguard Training, a valid e-mail address is required so that a link to the on-line portion of the training can be sent to you. This portion of the course must be completed before the first day of class. Please write legibly.

CONTACT US
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Staff Use
Total Amount Paid: \$ _____ Staff Initials: _____ Date: ____ / ____ / ____



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE

Safety Certifications YMCA OF CENTRAL TEXAS



Lifeguard Training

Whether you want a summer job or a career as a professional lifeguard, Lifeguard Training gives you the skills not only to keep others safe in and around the water but also to help save lives in the event of an emergency.

YMCA Lifeguard as well as ASHI First Aid and Emergency Oxygen Administration certifications are valid for 2 years. ASHI CPR Pro/AED certification is good for 1 year.

Ages: 16 and older*

Fees: \$175 members, \$200 nonmembers

Registration Deadline: One week before the class. Without a minimum of four participants, the class will be cancelled.

*If you are interested in Junior Lifeguard Training (ages 11-15), which prepares you to be a support/secondary responder and is excellent for anyone earning a merit badge, please contact us.



See our website for a list of:

- Physical requirements that must be successfully demonstrated on the first day of class
- Items to bring to class
- Skills and knowledge you must demonstrate to pass the course

CPR AED & First Aid



Once a month, we offer these American Heart Association Heartsaver® courses: CPR AED, First Aid, and CPR AED First Aid. Designed to meet OSHA requirements, Heartsaver® courses are for anyone with limited or no medical training who needs CPR AED and First Aid certification for job, regulatory or other requirements.

We also offer BLS (Basic Life Support) for Healthcare Providers. Contact us for more information.

Certification is valid for two years.

Ages: 13 and older

Fees: CPR AED only: \$40 members, \$55 nonmembers

First Aid only: \$30 members, \$45 nonmembers

CPR AED and First Aid: \$60 members, \$75 nonmembers

See our website for a list of skills you will be taught.



Babysitter Training

Enroll in Babysitter Training to feel more confident the next time you are asked to watch the neighbor's kids. You'll learn basic caregiving skills as well as CPR & First Aid. **Certification is good for two years.**

Ages: 11-15

Fees: \$40 members, \$60 nonmembers



See our website for:

A list of topics that are covered • Student-to-instructor ratio

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All classes are held at Waco Family YMCA, 6800 Harvey Drive, Waco.

How to register

1. Choose a certification: Lifeguard Training; CPR AED, First Aid or CPR AED First Aid; Babysitter Training
2. Choose the date.
3. Fill out the liability waiver below.
4. Fill out your information or your child's information on the back.

Lifeguard Training

___ March (5-9 p.m. 19th • 9 a.m.-5 p.m. 21st • 1-5 p.m. 22nd • 5-9 p.m. 27th • 9 a.m.-5 p.m. 28th • 1-5 p.m. 29th)

___ April (5-9 p.m. 16th • 9 a.m.-5 p.m. 18th • 1-5 p.m. 19th • 5-9 p.m. 24th • 9 a.m.-5 p.m. 25th • 1-5 p.m. 26th)

___ May (5-9 p.m. 14th • 9 a.m.-5 p.m. 16th • 1-5 p.m. 17th • 5-9 p.m. 22nd • 9 a.m.-5 p.m. 23rd • 1-5 p.m. 24th)

CPR AED & First Aid

CPR AED only: ___ Jan. 3 ___ Feb. 7 ___ March 7 ___ April 4 ___ May 2 Class meets 10 a.m.-noon.

First Aid only: ___ Jan. 3 ___ Feb. 7 ___ March 7 ___ April 4 ___ May 2 Class meets noon-2 p.m.

CPR AED and First Aid: ___ Jan. 3 ___ Feb. 7 ___ March 7 ___ April 4 ___ May 2 Class meets 10 a.m.-2 p.m.

Babysitter Training

Class meets 9 a.m.-1 p.m. Bring a sack lunch.

___ Jan. 9 ___ Feb. 14 ___ March 14 ___ April 11 ___ May 9

LIABILITY WAIVER: INDEMNIFICATION AND HOLD HARMLESS AGREEMENT

The YMCA of Central Texas will not assume responsibility for any injury incurred while participating in any athletic events, childcare programs, parent child/events and outings, special events, sports programs, or any related YMCA sponsored activities. Nor will the YMCA of Central Texas be responsible for any lost or stolen items while members and/or program participants are using YMCA facilities, on YMCA premises, or on off-site YMCA program locations. I, the undersigned for myself and for my heirs, so hereby release the YMCA of Central Texas and its employees and agents from any and all claims for injury, loss, or damage I may suffer as a result of my participation, including any injury caused by negligence, if any, of the YMCA, its officers, employees, agents, volunteers, or the negligence of anyone else. I give my permission to the YMCA of Central Texas to use photographs, film footage, or tape recordings, which may include my image or voice for purpose of promoting or interpreting YMCA programs for no compensation.

INSURANCE

I understand it is my responsibility to provide for my own (and other members of my family if applicable) accident and health coverage while participating in all YMCA activities.

MEDICAL RELEASE

I authorize the YMCA to provide or obtain emergency medical attention for me or members of my family in the event of sickness or injury. I realize and understand that my family insurance policy will be responsible for any accident or medical claim. Should I, or any member of my family, require special medical treatment, prescriptions, or hospital care; I am responsible for all expenses.

WATER ACTIVITIES

I hereby give consent for my child to participate in water activities that might be offered by the YMCA. I give the YMCA staff permission to assist my child in the application of sunscreen.

PLAYER / PARENT CONTRACT

We as parents agree to abide by the rules and regulations laid down by the YMCA for both player conduct and present conduct in the clinic keeping with the YMCA's purpose of teaching fair play, cooperation, sportsmanship, honesty, responsibility, respect, and caring. As parents we will serve as positive role models for our children by exhibiting such behavior and values.

Child's/Participant's Name [Please print.] _____

Parent/Guardian's Name [Please print.] _____

Signature of Participant (if 18 or older) _____

Signature of Parent/Guardian _____

(if participant is younger than 18) _____ Date ____ / ____ / ____