

RESPECT – RESPONSIBILITY – HONESTY – CARING

Waco Family YMCA SOCCER RULES

- I. The Ball – 3-5 yr olds: Size 3; 6-8 Size 4; 9-12 yr olds: Size 5
 - II. Number of Players – Five (5), only the 6-8 & 9-12 yr olds will have a goalkeeper.
 - A. Each player shall play a minimum of 50% of each game. YMCA Youth Super Sports Philosophy requires that teams make every effort to play with the same number of players
 - III. Substitution – Only at quarters or injury or when ball is out of play **with consent of official**
 - A. Coaches may switch players from one position to another, including goalie except during a penalty kick.
 - B. Players will be rotated at coaches' discretion
 - C. An ejected player may not return to the game, but that team can substitute for the ejected player
 - IV. Players' Equipment – Tennis or soft studded turf shoes are recommended. Shin guards are required. No jewelry is allowed.
 - V. Referee
 - A. Referee's decisions on points of fact connected with the game shall be final
 - B. All rule infractions will be briefly explained to the offending players
 - VI. Duration of Game
 - A. The games shall be divided into four (4) equal quarters each with a running clock
 - i. 3 yr olds: 6 minutes
 - ii. 4-5 yr olds: 8 minutes
 - iii. 6-8 yr olds: 9 minutes
 - iv. 9-11 yr olds: 10 minutes
 - v. 12-15 yr olds: 12 minutes
 - B. Quarter breaks will be two (2) minutes in length.
 - C. Half time will be five (3-5) minutes long.
 - VII. The Start of Play
 - A. Opponents must be outside the center circle and in their own half when ball is struck
 - B. Kicking team can have a maximum of two (2) players inside circle. Ball must roll forward one full rotation before second player can kick ball
 - VIII. Ball In and Out of Play – Sidelines will be a throw-in, baselines will be a goal or corner kick
 - IX. Off-Sides – Will be **NOT** be called
 - X. Fouls and Misconduct – Conform to FIFA
 - A. All fouls will result in an indirect or direct free kick (referee's decision) with opponent eight (8) yards away
 - B. The referee must explain ALL infractions to the offending player
 - XI. Penalty Kicks – Will be taken
 - XII. Throw-In – Conform to FIFA: Both feet must be on the ground, two hands used to throw and the ball must go directly over the head
 - XIII. Goal Kick – May be taken anywhere inside the goal box
 - XIV. Corner Kick – Opponents must be eight (8) yards away from the ball
- Goalkeepers – five second rule is in effect.
 - Slide tackles are prohibited.
 - No individual is allowed to run the length of the field except the participants of the game.
 - Opposing parents, coaches, and players should shake hands after the game.
 - All coaches and parents must stay on the sidelines.
 - No coaches or parents are allowed along the length of the goal line during the game.
 - Games ending in ties will not be played out.
 - GIVE ENCOURAGEMENT, NOT DIRECTION!